

## What services are still available for people with physical disabilities in Kent?

April 6th

We know this is a challenging time for everyone but especially for those of us who have a physical disability.

Many of the health and social care services that you would normally use are still operating albeit in a slightly different way.

We're working with all the organisations to get a clear picture of which services are still operating. Obviously, this situation is changing daily but we will endeavour to keep this page up to date.

Do check out list of general health services in both Kent & Medway too as well as our update on mental health services and services particularly for older people.

If you need any further information do get in touch with our Helpline on 0808 801 0102 or email [info@healthwatchkent.co.uk](mailto:info@healthwatchkent.co.uk)

Kent Social Care	KCC, in partnership with District & Borough Councils and voluntary sector, have created a 24 hour Helpline for peoples' urgent needs, supplies or medication. If you are vulnerable and have an urgent need that cannot be met through existing support networks, visit <a href="http://www.kent.gov.uk/KentTogether">www.kent.gov.uk/KentTogether</a> or call 03000 41 92 92.
KCC Social Care for mental health	Offering a skeleton service through the Community Mental Health Teams. Urgent home visits are still taking place and the majority of support is being offered by phone and online. KCC have shared a list of FAQs <a href="https://www.kent.gov.uk/social-care-and-health/health/coronavirus/coronavirus-your-questions-answered#tab-1">https://www.kent.gov.uk/social-care-and-health/health/coronavirus/coronavirus-your-questions-answered#tab-1</a>
Mental Health Crisis support for Kent & Medway  Release the Pressure	A new 24 hour Helpline. Text the word "Kent" or "Medway" to 85258.  This is part of Release the Pressure service

Millbrook Healthcare	The service is continuing but will prioritise urgent referrals
CiLK	All outreach and face to face visits have been cancelled. Support is available by email and the phone
Headway East Kent	The Day Centres are closed but you can access support virtually. They are also offering support for people who are not yet Headway clients.
Involve Kent	<a href="https://www.involvekent.org.uk/safe-and-well">https://www.involvekent.org.uk/safe-and-well</a> Face to face groups are all on hold but the Safe & Well telephone befriending service is available for people who feel vulnerable or isolated and live in Maidstone, Tonbridge, Borough Green, The Weald, Tunbridge Wells, Dover & Folkestone.
KASBAH	Although no home visits can take place, but clients will be supported over the phone including form filling assistance.
Leonard Cheshire	No visitors are allowed to the home but they are using technology to ensure residents can stay in touch with families.
Kent MS Therapy Centre	The Centre is currently closed but they are delivering activities remotely.
Neuro Rehabilitation Kent	All face to face services are suspended but online physiotherapy sessions are being arranged as well as telephone support.
Beams	All face to face services are on hold including short breaks. Telephone support is available
The Advocacy People	Support is available on the phone
Shaw Trust	Providing support over the phone and video conferencing.
Spadework	The site is closed to trainees, but the farm shop remains open.
Strode Park	Day Centres, day trips and respite care are all on hold. Visiting is no longer allowed either Helpline available on 0303 3033 100
Kent Association for the Blind	Delivering support over the phone and the internet. Some community support services are still operating.
Healthwatch Kent	The Helpline remains open and is available for anyone who needs information or signposting to help them find the service that they need during this time. The freephone Helpline is 0808 801 0102 or email <a href="mailto:info@healthwatchkent.co.uk">info@healthwatchkent.co.uk</a>