

# Young Peoples LGBTQ+ BeYou's BeProud Big Day Out

A Healthwatch Kent report about LQBTQIA+ young people and respect.



**January 2024** 



#### Background

Healthwatch Kent visited Be You's Big Day Out event in September 2023 and spoke to some of the young people attending about their experience with respect.

#### Methodology

We wanted to get insightful data as to where young people that identify as LGBTQ+ feel the most and least respected. We did not want to ask questions that may have been too intrusive or potentially upsetting and did not actively seek out young people to answer these questions. As the young people approached our stand at the event, we asked them if they would like to write on our board and answer our questions. Some young people did not feel comfortable answering the questions and the priority of the day was for them to have an enjoyable experience in a safe place.

Despite this, we still gained insight as we had 23 responses overall to our questions.

Though we had 23 responses, this does not equate to 23 people as some respondents answered both questions, and some only answered one. It is possible that some people may have also answered the same question multiple times. However, we did limit this possibility as we asked each person to write with a different coloured pen.

### **Findings**

The questions we asked were "Where do you feel the most respected?" and "Where do you feel the least respected?"



# Where do you feel the most respected?

We had 13 responses to this question.

- (38%) young people mentioned that their friends make them feel the most respected.
- 3 (23%) mentioned feeling respected at school.
- (15%) people mentioned they feel the most respected at Be You groups.
- (15%) mentioned feeling the most respected at home, with one person specifying "my bed".
- (15%) mentioned feeling the most respected by other things, with one writing the name of their cuddly toy.
- (8%) mentioned their family makes them feel most respected, specifying "my mum".

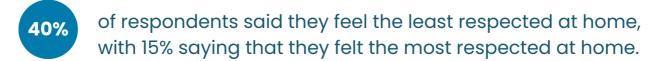
### Where do you feel the least respected?

We had 10 responses to this question.

- 4 (40%) mentioned that they feel the least respected at home.
- 4 (40%) mentioned they feel the least respected at school.
- (40%) mentioned feeling the least respected around their family.
- (10%) mentioned feeling the least respected at the doctors.



#### **Summary of Findings**



of respondents said they felt the least respected at school, with 23% saying they felt the most respected at school.

of respondents said they felt the least respected by their family, with 8% saying that family makes them feel the most respected.

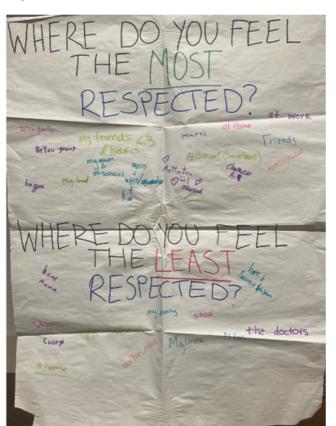
of respondents said they feel the most respected by their friends.

# **Demographics**

All the people we spoke to were between the ages of 13-17 as this was the requirement for the event. We decided to not collect further demographics, as this is a vulnerable group, and we did not want to make the young people feel uncomfortable by asking potentially triggering questions like their sexuality or gender.

# **Appendix**

A picture of the method of data collection for this event.





If you would like to chat with us about the report you can reach us through the following routes:





Online:

www.healthwatchkent.co.uk



By Telephone:

**Healthwatch Kent Freephone** 0808 801 01 02



By Email:

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By Text:

Text us on 07525 861 639. By texting 'NEED BSL', Healthwatch's British Sign Language interpreter will make contact and arrange a time to meet face-to-face



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